

## April 2010 Fresh Fruits and Vegetables Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3  Fresh Orange  Celery Sticks	4  Fresh Salad Cup w/ low fat Ranch Fresh Yellow apple	5  Cucumber Slices  Fresh Strawberries	6  Fresh Red Apple  Fresh Broccoli With Light Ranch	7  Avocado Slices  Fresh Plums
10  Strawberries  Carrot Sticks With Light Ranch	11  Raspberries  Watermelon Slices Spring Break	12  Cantaloupe Slices  Fresh Orange	13  Fresh Red Grapes  Fresh Cucumbers	14  Fresh Cauliflower with light ranch Fresh Strawberries
17  Fresh Strawberries  Fresh Oranges	18  Fresh Red Grapes  Fresh Cucumbers Slices	19  Fresh Banana  Carrot Sticks With Light Ranch	20  Fresh Pear  Cantaloupes	21  Blue Berries  Pine apple Slices
24  Fresh Red Apple  Fresh Broccoli With Light Ranch	25  Celery Sticks with Light Ranch Honeydew	26  Cucumber Slices  Fresh Strawberries	27  Blue Berries  Fresh Red Apple	28  Fresh Pine Apple  Fresh Yellow Apple
				

**Menu Questions or Comments? Please contact Farai Sithole (586) 461 3741**

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.



Go to [MyPyramid.gov/](http://MyPyramid.gov/) for online personal wellness resources for you and your family

