



**Mount Clemens Elementary**  
**Lunch Menu March 2010**  
**Lunch Price \$2.25**  
**March is National Nutrition Month**



Monday	Tuesday	Wednesday	Thursday	Friday
1 Mini Pancakes w/ Scramble Eggs Sausage Patty Fresh Apple Choice of Milk	2 Bread Chicken Patty on a Whole Wheat Bun Baked Tater Tots Chilled Pears Choice of Milk	3 <b>Balanced Choices</b> Beef Ravioli w/ Meat Sauce Whole Wheat Bread Seasoned Green Beans Fruit Crisp Choice of Milk	4 <b>Balanced Choices</b> Turkey Hot Dog on a Bun Oven Baked Fries Seasoned Peas & Carrots Chilled Applesauce Choice of Milk	5 Cheese or Pepperoni Pizza Fresh Celery w/ Ranch Dip Fresh Orange Smiles Choice of Milk
8 French Toast Sticks Scrambled Eggs Crispy Tater Tots Chilled Diced Pears Choice of Milk	9 <b>Balanced Choices</b> Chicken Fajita w/ Salsa Seasoned Corn Petite Banana Choice of Milk	10 No School	11 Baked Chicken Nuggets Mashed Potatoes w/ Gravy Fresh Baked Biscuit Orange Wedges Choice of Milk	12 Cheese or Pepperoni Pizza Baby Carrots w/ Ranch Chilled Mixed Fruit Choice of Milk
15 <b>Balanced Choices</b> Taco Salad w/ Tortilla Shells Rounds Rice & Beans Chilled Applesauce Choice of Milk	16 Chef Salad w/ Ham, Turkey & Cheese Dinner Roll Carrots Dried Cherries Choice of Milk	17 <b>Balanced Choices</b> Pasta w/ Italian Meat Sauce Toss Salad w/ Ranch Chilled Peaches Choice of Milk	18 Mini Bosco Sticks w/ Marinara Sauce Seasoned Carrot Coins Fresh Pear Choice of Milk	19 Cheese or Pepperoni Pizza Dried Cherries Fresh Orange Smiles Choice of Milk
22 Baked Chicken Rings w/ Cornbread Seasoned Corn Chilled Mixed Fruit Choice of Milk	23 Cheeseburger on Whole Wheat Bun Seasoned Peas & Carrots Chilled Peaches Choice of Milk	24 Mini Corn Dogs Breadstick Seasoned Green Beans Fresh Banana Choice of Milk	25 Salisbury Steak w/ Gravy Mashed Potatoes Seasoned Corn Chilled Pineapple Choice of Milk	26 Half a Day Bag Lunches
29 Macaroni & Cheese Breadstick Steamed Broccoli Orange Smiles Choice of Milk	30 Half a Day Bag Lunches	31 Half a day Bag Lunches		

Alternate Lunches

*Daily: Bologna & Cheese Sandwich on White Bread\* Offered w/ Fresh Baby Carrots, Fruit, and Milk*

*Week of 1-5*  
Cheeseburger on a Bun  
Carrot Sticks w/  
ranch  
Dried Cherry's  
and Milk

*Week of: 8-12*  
Chicken Patty on a whole  
 wheat bun, Lunch  
Bunch Grapes, Celery w/  
ranch and Milk

*Week of: 15-19*  
Cold Nachos Fun Lunch  
Crisp Tortilla Shell  
Rounds w/ Shredded  
Cheddar Cheese, Salsa.  
Fruit and Milk

*Week of: 22-26*  
 **Balanced Choices**  
**Meal:**  
Junior Ham & Cheese Sub  
w/ Animal Crackers, Fresh  
Cut Oranges, Apple Juice,  
and Milk

*Week of: 29-2*  
Cereal Fun Lunch: **Golden  
Grahams or Frosted Mini  
Wheats Cereal\*** w/ Hard  
Boiled Egg, Fruit, 100%  
Fruit Juice Punch Milk, and

\*This menu item is made with whole grain.

Daily Milk Choices Include: Low Fat White, Low Fat Chocolate, and Low Fat Strawberry

**Menu Questions or Comments? Please contact Farai Sithole (586) 461 3741**

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap, or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity, should write to the Secretary of Agriculture, Washington, D.C. 20250.

