

Seminole Academy Breakfast Menu

November 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Apple Cinnamon Cheerios WG Graham Crackers Craisins Milk Choice 3	No School 4	Blueberry Chex Cereal Orange 100% Fruit Juice Milk Choice Late Start 5	Ultimate Breakfast Round Banana 100% Strawberry/Kiwi Juice Milk Choice 6	Mini Confetti Pancakes Raisins 100% Orange Juice Milk Choice 7
Cinnamon Chex Cereal Applesauce 100% Orange Juice Milk Choice 10	BelVita Blueberry Biscuit Craisins 100% Apple Juice Milk Choice 11	Cocoa Puffs Cereal Giant Goldfish Apple Milk Choice 12	String Cheese WG Tiger Bites Banana Milk Choice 13	Cheerios WG Graham Cracker Mixed Fruit Cup Milk Choice 14
Corn Chex Cereal Orange 100% Apple Juice Milk Choice 17	Apple Cinnamon Muffin WG Tiger Bites Apple Milk Choice 18	Frosted Flakes Cereal Craisins 100% Orange Juice Milk Choice Late Start 19	Yogurt Giant Goldfish Banana Milk Choice 20	Cinnamon Toast Crunch Bar Graham Cracker Apple Milk Choice 21
Ultimate Breakfast Round Raisins 100% Strawberry/Kiwi Juice Milk Choice 24	Trix Cereal Pineapple Cup 100% Fruit Juice Milk Choice 25	No School 26	No School Thanksgiving Day 27	No School 28



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Contact your Food Service Director,
Renee Frederick, at (313) 269-7108
or email FrederickR@mtcps.org
for questions or comments.

We are a 10 Cents a Meal grantee, and we purchase
Michigan-grown products.

****Menu Subject to Change****

"or;" = An alternative selection to choose.
"WG"= Whole Grain 1% White & 1% Chocolate
Milk available daily.

Daily Produce Bar with rotating fruits and
vegetables. An alternative meal is available.