

Seminole Academy Lunch Menu

November 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Teriyaki Beef Slam Dunkers WG Rice Green Beans Fresh Produce Bar Choice Milk Choice 3	No School 4	Ham & Cheese Calzone Carrots w/Ranch Fresh Produce Bar Choice Milk Choice Late Start 5	Cheeseburger on WG Bun Tater Tot Fresh Produce Bar Choice Milk Choice 6	Cheese or Pepperoni Pizza Broccoli w/Ranch Fresh Produce Bar Choice Milk Choice 7
Quesadilla w/Salsa Fiesta Pinto Beans Fresh Produce Bar Choice Milk Choice 10	Bosco Stick w/Marinara Cucumbers w/Ranch Fresh Produce Bar Choice Milk Choice 11	Hot Dog on WG Bun Potato Wedges Fresh Produce Bar Choice Milk Choice 12	Lasagna Roll Up Romaine Salad Fresh Produce Bar Choice Milk Choice 13	Cheese or Pepperoni Pizza Carrots w/Ranch Fresh Produce Bar Choice Milk Choice 14
Mini Corn Dogs Green Beans Fresh Produce Bar Choice Milk Choice 17	Macaroni & Cheese Broccoli Fresh Produce Bar Choice Milk Choice 18	Chicken Patty on WG Bun Baked Beans Fresh Produce Bar Choice Milk Choice Late Start 19	Beef Nachos w/WG Tortilla Chips Corn Fresh Produce Bar Choice Milk Choice 20	Cheese or Pepperoni Pizza Carrots w/Ranch Fresh Produce Bar Choice Milk Choice 21
Sloppy Joe on WG Bun Baked Beans Fresh Produce Bar Choice Milk Choice 24	Popcorn Chicken Asparagus WG Roll Fresh Produce Bar Choice Milk Choice 25	No School 26	No School Thanksgiving Day 27	No School 28



Non-Discrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA

Contact your Food Service Director,
Renee Frederick, at (313) 269-7108
or email FrederickR@mtcps.org
for questions or comments.

We are a 10 Cents a Meal grantee, and we purchase
Michigan-grown products.

****Menu Subject to Change****

"or;" = An alternative selection to choose.
"WG" = Whole Grain 1% White & 1% Chocolate
Milk available daily.

Daily Produce Bar with rotating fruits and
vegetables. An alternative meal is available.